## **VOLUNTEER OPPORTUNITIES**

Volunteering one's time for a good cause can bring many personal benefits, as well as scholarship opportunities. Many students want to volunteer but are not sure how to go about doing so. If you are volunteering for the sole reason of getting yourself into college, that is probably not the best reason. If you are doing this because you believe in the organization's cause and because you want to expand your own life experience, then it is a good idea to participate. Colleges like to see prospective students who have participated in community service, but they also want to see how it has affected them personally. In other words, how has this experience changed your life or made you a better person?

So, if that is something you want to do (without jeopardizing your academics), here are some suggestions that you may find interesting. Clovis East does not require community service as a graduation requirement. This is something you are choosing to do for yourself.

- ALS (Lou Gehrig's Disease): <a href="https://www.als.org/get-involved/volunteer-fight-against-als">https://www.als.org/get-involved/volunteer-fight-against-als</a>
- American Cancer Society: <a href="http://www.cancer.org/Involved/Volunteer/index">http://www.cancer.org/Involved/Volunteer/index</a>
- American Red Cross: <u>http://www.redcross.org/en/volunteertime</u> (559) 455-1000 work with fire victims in getting food, clothing and shelter; data entry and customer service.
- Catholic Charities: <u>http://www.ccdof.org</u> (559)237-0851 Organize food drives, thrift store help, assist at health fairs, receptionist duties
- Central California Blood Center: <u>http://www.donateblood.org/volunteer</u> (559)389-5433 Administrative Assistant, donor monitor, special events
- Children's Hospital of California: <u>http://www.fcco.org/helpvolunteer.html</u> (559)353-5222 Administrative services, Chaplain Aide, Child Development Center, tour guide
- •Clovis Botanical Garden: <u>http://volunteermatch.org/search/org46315.jsp</u> (559)298-3091 Planting day volunteer, tour guide and greeters
- •Clovis Chamber of Commerce: <u>https://clovischamber.com/</u> (559) 299-7363 Organizers of Big Hat Days & Clovis Fest
- Community Medical Center Junior Volunteers: <u>http://www.communitymedical.org</u> (559) 459-2863 Help at the info. desk, deliver flowers, work in the gift shop
- Fresno Art Museum: <u>http://www.fresnoartmuseum.org</u> (559) 441-4221 Setting up and taking down exhibits, tour guide, administrative help
- Fresno Chaffee Zoo: <u>http://www.fresnochaffeezoo.org/education/volunteers.html</u> (559)498-5945 Animal care, horticulture assistant, Zoo Adventure Junior Counselor
- Fresno County Public Library: <u>http://www.fresnolibrary.org/volunteer/index.html</u> (559)252-8657 Reading to children, setting up crafts and games, tutoring, homework help and clerical duties
- Fresno Philharmonic: http://fresnophil.org (559)261-0600 Usher and ticket takers
- Habitat for Humanity: <u>http://www.habitatfresno.org/volunteer</u> (559)237-4102 Construction of a home, work at the ReStore, support families, community outreach
- Hands On Central California: <u>http://www.handsoncentralcal.org/</u> (559)237-3101 Serve food & organize Holiday events for the homeless
- HOPE Animal Foundation: <u>http://www.hopeaf.com</u> (559) 271-0209 Spend time with cats and dogs before & after their spay or neutering surgery; assist with paperwork & maintenance

•Leukemia & Lymphoma Society's "Light the Night": <u>http://www.lightthenight.org/cca</u> (559)435-1482 Organize a walk event or put in a team to participate and raise funds.

•Marjaree Mason Center: <u>http://www.mmcenter.org/index.php?c=6</u> (559)487-1344 Helping with the Crisis Center Hotline, Events/Fundraiser, Domestic Violence Response Team

•Muscular Dystrophy: <u>https://www.mda.org/get-involved/become-a-volunteer</u> (559) 453-9822

• National Multiple Sclerosis: <u>http://www.nationalmssociety.org/chapters/can/volunteer/index.aspx</u>

• Poverello House: <u>https://www.poverellohouse.org/get-involved/volunteer</u> (559)498-6988 preparing and serving meals to the homeless and needy

 Ronald McDonald House Central California: <u>http://rmhccv.org/volunteer/</u> (559)447-6770 Cook/Baker, Maintenance, Receptionist

• Saint Agnes Medical Center: <u>http://www.samc.com/volunteering</u> (559)450-3521 Cancer Center, Hospice Program, Gift Shop, Stork Tour, Holy Cross Center for Women

• Salvation Army: <u>www.salvationarmyusa.org/usn/volunteer</u> Thrift Store, Prison Ministry, Rehabilitation Center, Toys for Tots Donation Drive

• San Joaquin River Parkway: https://riverparkway.org/ways-to-give/volunteer/ (559)248-8480 River Tour Guide, Conservationist, clean-up, and restoration

• Special Olympics: <u>http://www.specialolympics.org/volunteers.aspx</u> Coach, fundraise, special events

• Veteran's Hospital Central California: <u>http://www.fresno.va.gov/giving/index.asp</u> (559)225-6100 ext. 5364 Information Desk, Patient Escort, Hospitality, Mailroom

Fresno Trail Crew: <u>www.trailcrew.org</u>, contact is Rick Fleming