

During the fall semester, each senior will have an individual conference with their counselor to discuss graduation and college & career options. Graduation will be here before you know it -- It's time to step it up and finish strong!!!

Senior Year Checklist

☐ Check student email often/daily

☐ Review all credits and grades!

☐ Explore majors, colleges, careers, and career technical training programs!

Fresno Area College Night	Wed., Sept. 14, 2022. https://fresnocollegenight.swoogo.com/Registration Follow steps to view and attend.
Career Tech Expo	Wed., Oct. 19, 2022. Chukchansi Park. https://rop.fcoe.org/career-tech-expo
Fresno Christian College Fair	Tues., Oct 4, 2022 6-8pm. https://www.findyourchristiancollege.com/college-fairs/fresno-ca-christian-college-fair

College representatives will be hosting online and in person presentations throughout the school year.

Please email your counselor or check the REC Counseling website to attend!

☐ SAT/ACT Testing Information (CEHS Code: 050-622)

ACT actstudent.org	Test Dates	Reg. Deadline	Late Reg & Fee	SAT collegeboard.com	Test Dates	Reg. Deadline	Late Reg & Fee
	Oct. 22, 2022	Sept. 16th	Sept. 30th		Oct. 1, 2022	Sept. 2nd	Sept. 20th
	Dec. 10, 2022	Nov. 4th	Nov. 11th		Nov. 5, 2022	Oct. 7th	Oct. 25th
					Dec. 3, 2022	Nov. 3rd	Nov. 22nd

CSU Code: 3594 (Use this code on the SAT and your scores will be sent to ALL CSUs);

NCAA Code: 9999

Due to COVID and different State and County mandates please remember to check with each college for specific requirements and deadlines.

Khan Academy has partnered with CollegeBoard to offer FREE SAT test prep and practice.

☐ Application Workshops

Community College	Community College Rep will be on campus meeting in person EVERY Wednesday during the school day.
California State Univ (CSU) App. Deadline = 11/30/2022	Oct. 13th and Nov. 16th - Meetings will be online and pre-scheduled.
Univ of California (UC) App. Deadline = 11/30/2022	UC Application Center open Mon-Fri 10am-6pm Ph=(800)207-1710 or ucinfo@applyucsupport.net
Fresno Pacific University Rolling Deadline	Nov. 1st - Meeting will be in person from 9 to 10am on campus.

☐ Financial Aid, Scholarships, & NCAA

FAFSA/Cash for College Workshop	Oct. 4th & Nov. 15th - 6 to 9pm Will be held online.
2022-2023 FAFSA Deadline fafsa.ed.gov	March 2, 2023 (Opens Oct 1, 2021)
REC Timberwolf Foundation Scholarship	Due to Mr. Avants by TBD - mid January 2023

Make sure to check your student email often! Mr. Avants sends out a monthly Scholarship Bulletin Sept. - May. Last year's seniors earned over \$4.2 million dollars in scholarship money.

Scholarship Search: fastweb.com; unigo.com; cappex.com; scholarships.com; bigfuture.collegeboard.org; goingmerry.com

☐ Thinking about joining the Armed Forces after High School?

Visit the Military page on our website. The Fall ASVAB is scheduled for November 17, 2022 from 8:15am to 12pm in the College & Career Center. The ASVAB review will be on Dec 1, 2022 from 10:45am to 12pm & 12:45pm to 2:40pm in the College & Career Center. Please sign up today in the Counseling Center or at <https://tinyurl.com/CEASVAB2223>

☐ Update/Create your Resume and request Letters of Recommendation

It's time to update/create your resume with all of your school & community activities, service, and awards. You should have at least 2 letters of recommendation from your teachers and/or counselor. You will need a resume and letters of recommendation to apply to most colleges and scholarships. A resume template and the "Request for Letter of Recommendation" forms can be picked up in the Counseling Center or found on our website on the COUNSELING RESOURCES page: <https://rec.cusd.com/CounselingResources.aspx>

☐ Need a Work Permit?

New or renewal work permit applications can be found in the Counseling Center or online at <https://rec.cusd.com/WorkPermitApplication1.aspx>
Please follow directions carefully to get your official work permit on-time. The process is now done online through email and Adobe Sign.

TEST INFORMATION

KhanAcademy SAT Test PREP for FREE

www.khanacademy.org

SAT and SAT II

<https://www.collegeboard.org/>

ACT

www.actstudent.org

CAREER INFORMATION

www.collegemajors101.com/

<http://www.mymajors.com/>

<http://public.careercruising.com/us/en>

www.collegeconfidential.com

www.mapping-your-future.org

www.princetonreview.com

<http://online.onetcenter.org>

www.californiacareers.info

www.adventuresineducation.org

SUMMER PROGRAMS

<https://cosmos-ucop.ucdavis.edu/app/main>

www.experiencegla.com/

teenlife.com/category/summer/summer-programs

VOLUNTEER INFORMATION

www.californiavolunteers.org

NCAA & NAIA

www.clearinghousecalculator.org

www.ncaa.org

<http://www.playnaia.org/>

SCHOLARSHIPS TOP 10 WEBSITES

<https://www.cappex.com/scholarships/>

www.fastweb.com

www.scholarships.com

www.studentscholarships.org

<https://www.unigo.com/scholarships/our-scholarships>

<https://www.chegg.com/scholarships>

https://www.collegexpress.com/?utm_campaign=PQEConduit

www.scholarships4students.com

SPECIALITY SCHOLARSHIP WEBSITES

NICHE

<https://www.niche.com/colleges/scholarships/?minorities=hispanic>

Hispanic Scholarship Fund

www.hsf.net

Hispanic College Fund Inc.

<http://scholarships.hispanicfund.org/applications/>

American Indian College Fund

<http://www.collegefund.org/>

Point Foundation LGBT

<http://www.pointfoundation.org/>

United Negro College Fund

<https://scholarships.uncf.org/>

Asian & Pacific Islander American Scholarship Fund

http://apiasf.org/scholarship_apiasf.html

Zonta Internantional

www.zonta.org/WhatWedo.aspx

MILITARY

www.army.com

www.marines.com

www.airforce.com

www.airnationalguard.com

www.navy.com

www.gibill.va.gov

www.todaysmilitary.com

COLLEGE EXPLORATION

PLEASE USE CLEVER TO ACCESS

XELLO

<https://www.collegemajors101.com/>

www.universityofcalifornia.edu/

<https://www2.calstate.edu/apply>

www.aiccu.edu/

www.collegedata.com/

www.youniversitytv.com/

www.collegeview.com

www.cappex.com/

www.collegeproler.com/

www.questbridge.org/

www.collegesoup.com/hc3.asp

www.collegeprofiles.com

COLLEGE & SCHOLARSHIP TOOLS

<http://owl.english.purdue.edu/owl/>

www.resumetemplates.org/

REC Scholarship Bulletin - BI-MONTHLY

rec.cusd.com

SENIORS COMPLETE FAFSA October 1st to March 2nd

www.fafsa.ed.gov

Clovis East School Code

050622

MENTAL HEALTH

IS JUST AS IMPORTANT AS

PHYSICAL HEALTH



KNOW SOMEONE WHO NEEDS HELP? TALK TO US.



WE CARE ABOUT YOU

AS WE MOVE THROUGH THE COURSE OF THE SCHOOL YEAR, IT'S NORMAL TO FEEL A VARIETY OF EMOTIONS AT DIFFERENT TIMES.

YOU MAY FEEL HAPPY WHEN YOU'RE CHEERING ON YOUR TEAM AT A SPORTING EVENT, OR OVERWHELMED WHEN YOU HAVE TOO MUCH HOMEWORK. AT TIMES, YOU MAY FEEL UPSET THAT YOU EARNED A BAD GRADE, OR WORRIED ABOUT SOMETHING GOING ON IN YOUR PERSONAL LIFE.

**YOUR FEELINGS ARE VALID,
NO MATTER WHAT THEY ARE**

YOU ARE A MEMBER OF OUR WOLFPACK FAMILY, AND WE WANT TO MAKE SURE YOU KNOW WE CARE ABOUT YOU AND ARE HERE FOR YOU.

It's okay to ask for help

WE HOPE SOME OF THESE LINKS AND RESOURCES HELP BRING YOU SOME CALM. DON'T FORGET TO REACH OUT TO SOMEONE YOU TRUST IF YOU NEED HELP.

WE ARE HERE TO SUPPORT YOU!



KNOW SOMEONE WHO NEEDS HELP? TALK TO US.



WE CARE ABOUT YOU, WOLFPACK!!

WE ARE HERE TO HELP

EMOTIONAL SUPPORT FOR YOU OR YOUR FRIENDS



CSI (Clovis Support Intervention)

Group discussions with a trained staff member

Who: Any Teacher, Counselor, Coach, Administrator; Peer Counseling with Mr. Davis or Mr. Batty

COUNSELING OFFICE

Start the conversation with your counselor about what you need and/or how to get the help for you or your friends

Where/Who: Counseling Office with Mr. Johnson, Mr. Avants, Mr. Flint, Ms. Fontenot, Ms. Hamilton, Dr. Lee, Ms. Lopez, Mr. Rostro, Ms. Sallery, Ms. Vang, or Ms. Hulbert

TRANSITION OFFICE

Academic or emotional support for you or your friends

Where/Who: Yosemite Office with Ms. Brar, Ms. Vang, Ms. L. Xiong, Ms. Tan, Ms. Damian, Ms. Moua, Mr. Robinson, Mr. Semien, Mr. Silvas, Mr. Strosnider, or Ms. Woods

SRC OFFICE

Can offer behavioral support for you or your friends

Where/Who: SRC Office (above the library) with Mr. Gamez, Mr. Cardona, Ms. Tyson, Officer Meyers, Officer Chun, Mr. Bustamante, Mr. Lopez, Ms. Muggs, Mr. Ruiz, Ms. Strausser, Mr. Yenigues, Ms. Hennecke, or Ms. Keifer

PSYCHOLOGIST

Emotional support for you or your friends

Where/Who: Sequoia Office with Ms. Giannetta, Ms. Gutierrez, Ms. Hicks, or Ms. Saunders (Clovis East)
Where/Who: Summit Office with Ms. Escobar (Reyburn)

NURSE'S OFFICE

Health related support for you or your friends

Where/Who: Clovis East Main Office with Ms. Vang or Ms. Sims
Where/Who: Reyburn Main Office with Ms. Lurlay or Ms. Palmer

TIMBERWOLF TERRITORY

A safe place for you and your friends to go to eat lunch

Where/Who: Look for bright green signs outside participating teachers' doors with available days/times

SUICIDE AND CRISIS LIFELINE: 988

DRUG ABUSE HOTLINE: 1-800-662-4357

CRISIS TEXT HOTLINE: Text HOME to 741741



KNOW SOMEONE WHO NEEDS HELP? TALK TO US.



EVEN WHEN YOU'RE OFF CAMPUS, THERE IS HELP AVAILABLE

SUICIDE AND CRISIS LIFELINE

CALL OR TEXT 988

LOVEISRESPECT

1-866-331-9474

THE TREVOR PROJECT

1-866-488-7386

NATIONAL EATING DISORDER ASSOCIATION

1-800-931-2237

NATIONAL ALLIANCE ON MENTAL ILLNESS

1-800-950-6264

RAPE, ABUSE AND INCEST NATIONAL NETWORK

1-800-656-4673

NATIONAL DOMESTIC VIOLENCE HOTLINE

1-800-799-SAFE (7233)

NATIONAL SEXUAL ASSAULT HOTLINE

1-800-656-HOPE (4673)

DRUG ABUSE NATIONAL HELPLINE

1-800-662-4357

S.A.F.E. (SELF ABUSE FINALLY ENDS)

1-800-DONT-CUT

CLICK HERE TO VISIT THE CUSD
COMPREHENSIVE WELLNESS WEBSITE



KNOW SOMEONE WHO NEEDS HELP? TALK TO US.





SENIOR CHECKLIST

☐ **Apply Online**

Go to www.scccd.edu/apply to apply to any SCCCD college.

☐ **Complete Orientation**

Go to www.scccd.edu/orientation or go through My Portal starting **December 1**.

☐ **Meet with a Counselor**

Meet with a college counselor to select the appropriate level of courses and complete a first semester Student Education Plan (SEP).

☐ **Register for Classes**

Register for classes during Priority Registration **April 25-27** through My Portal or visit www.scccd.edu/register.

Step-by-step instructions and tutorials can be found at www.cloviscollege.edu/apply.

For more important steps and My Portal login information, see the reverse side.



IMPORTANT STEPS

☐ Log In to My Portal

Log in through myportal.scccd.edu or your college's website.

Username: Your 7 digit student ID number

Initial password:

- First letter of your FIRST NAME (UPPERCASE)
- First letter of your last name (lowercase)
- Your 6 digit birth date in the mmddyy format

IMPORTANT: Follow the instructions at www.scccd.edu/password to update your Communication Preferences and password.

☐ Check your Student Email

Student email is the main way the college will communicate with you. Check it daily in My Portal.

☐ Apply for Financial Aid

Fill out the FAFSA at www.fafsa.ed.gov or the Dream Act Application at dream.csac.ca.gov. Community college is now free for most first-time students regardless of your income! For more info, visit www.cloviscollege.edu/financialaid.

QUESTIONS?

For questions or more info, contact:

email: cccoutreach@cloviscollege.edu

phone: 559.325.5421

www.cloviscollege.edu/outreach



Scan to follow us!





FAFSA

The Free Application for Federal Student Aid Overview

To apply for federal student aid, such as federal grants, work-study, and loans, you need to complete the Free Application for Federal Student Aid (FAFSA®). **Completing and submitting the FAFSA is free and it gives you access to the largest source of financial aid to pay for college** (2-year or 4-year institutions) as well as trade schools and specialized programs. Many states and colleges use your FAFSA information to determine your eligibility for state and school aid, and some private financial aid providers may use your FAFSA information to determine whether you qualify for their aid.

When you fill out a FAFSA form, you automatically qualify for low-interest federal student loans. In some schools that have tuition over \$65,000, need-based financial aid is also available to students from middle and upper-middle-class income brackets.

Filling out a FAFSA form indicates that you are interested in a particular institution, making it **more likely that the institution will try to entice you to attend by offering financial aid** (private).

If You Do Not Complete the FAFSA, Then You Are Not Eligible for...

- **Middle-Class Scholarship:** Available to students who qualify based on income.
- **Work-Study:** Getting a job on campus.
- **Academic Scholarships:** Based on students GPA. Sometimes called a merit-based scholarship.
- **Athletic Scholarships:** If you are a student-athlete, the college will make you complete the FAFSA.
- **Low-interest Student Loans:** Bank loans will be only option.
- First 2 years of Community College free.
- **Renew FAFSA application once a year**

Assembly Bill 469 Pupil Instruction: Financial Aid Applications

Commencing with the 2022-2023 school year, the governing body of a local education agency shall confirm that a pupil complies with at least one of the following except as provided in subdivisions (c) and (d).

1

The pupil completes and submits to the United States Department of Education a Free Application for Federal Student Aid.

2

The pupil completes and submits to the Student Aid Commission a form established for purposes of the California Dream Act.

C

The parent or legal guardian of the pupil, or the pupil if the pupil is a legally emancipated minor or 18 years of age or older, may opt-out of the requirements of this section by filling out and submitting an opt-out form to the local educational agency

D

If the local educational agency determines that a pupil is unable to complete the requirement, the local education agency shall exempt the pupil by completing and submitting an opt-out form on the pupil's behalf.

What Does AB 469 Mean?

All students must complete and submit either a FAFSA document or a California Dream Act document their senior year. If the student wishes not to submit one of these documents the student must complete an opt-out form provided to them and submit to their high school counselor.

If you have questions, please contact your high school counselor.



**REC Counseling Center
presents
Financial Aid Night
& FAFSA Filing Seminar**

October 4th 2022

***FAFSA Information Session
6:00 PM to 6:30 PM***

***FAFSA Assistance
6:30 PM to 8:30 PM***

In the Clovis East LLH

Plan on Filing the FAFSA on Oct 4th??

Please have the following:

- **Drivers License**
- **Social Security number**
- **Alien registration number if you are not a US citizen**
- **2022 income information (parents) and students if applicable**
- **W-2 from 2022**
 - **Parents and students if they are working**
 - **Records of untaxed income such as**
 - ✦ **Workers Compensation**
 - ✦ **State Disability**
 - ✦ **Child support payments**
- **Current bank statements**